

SUMMER BOARD RETREAT PACKAGE

Friday, August 2nd to Saturday, August 3rd, 2019

TIME: 10:00 AM – 4:00 PM (BOTH DAYS)

LOCATION: **DAY 1** BEGINS IN **UWSA BOARD CHAMBERS** (2ND FLOOR, CAW, ROOM 206)

DAY 2 BEGINS IN **DILLON 350** (unless otherwise notified).



FRIDAY, AUGUST 2

GOVERNANCE 101

INTRO TO THE UWSA
& TOUR

10:00 – 11:00 AM

BOARD GOVERNANCE

11:00 AM – 2:00 PM

*Presented by
Sandi Verrecchia,
CEO of Satori Consulting*

LUNCH

2:00 – 2:30 PM

CREATING SAFER SPACES

2:30 – 3:30 PM

STUDENT CHOICE INITIATIVE

3:30 – 4:00 PM

DEBRIEF

4:00 – 4:15 PM

SATURDAY, AUGUST 3

LEADERSHIP 101

WARM-UP ACTIVITY

10:00 – 10:15 am

EFFECTIVE BOARD MEETINGS

10:15 AM – 11:15 AM

TEAM BUILDING ACTIVITY

11:15 – 11:30 AM

BUDGET 101

11:30 AM – 12:00 PM

LUNCH

12:00 – 1:00 PM

THRIVING STUDENT
LEADERSHIP TEAMS

1:00 – 4:00 PM

*Presented by
Dr. Andrea Dinardo*

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ARRIVAL AND DEPARTURE

Please plan to arrive no later than **9:45 AM on each day**. Upon arrival, make sure to use the sign-in sheet so we can check your attendance.

Parking is available at the CAW Student Centre (\$5/day), Assumption Parking Lot for a per-hour cost, or the student parking lots under the bridge with a valid student parking pass.

WELCOME

In an era of the Student Choice Initiative, we are excited to be welcoming such a diverse and passionate team of extraordinary student leaders, elected from across the campus! This Board Retreat is held with two concepts in mind – your role in **GOVERNANCE** and your role in **LEADERSHIP**! Understanding what these concepts mean and how to interact with them will give you the tools to be an empowered student leader for your term and for the many years ahead of you in your own life. That's why we've brought in some professionals this year to ensure you have the knowledge and resources to fulfill your role and meet your full potential. **ARE YOU READY?**

MEALS

Yes, we feed you! Light snacks (emphasis on the *light* – yes, welcome to the Student Choice era!) will be available each morning. Lunch will be catered by Blaze Pizza for the duration of the retreat. Halal options will be provided.

WHAT TO BRING

- Pen and paper, laptop or other device (taking notes is recommended!)
- Open mind
- Attentive ears
- High energy
- Just be you!

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SESSIONS



Intro to the UWSA & Tour

The UWSA has existed for the past 90 years. Get to know the fundamentals of the UWSA – our mission, values, mandate, and how we operate as an organization. After, keep that exciting energy going as we embark on a tour of the UWSA office and services, where you'll be able to meet our support staff and see the wonderful student spaces the UWSA provides to students.

Board Governance

This session focuses on the basics of good governance, liability and expectations, communication, the role of the Board and finally how to work together for maximum effectiveness. The session is presented by Sandi Verrecchia, *CEO of Satori Consulting Inc.*

Creating Safe Spaces Anti-Oppression Training

Certain groups in our society and communities hold power over others. This training aims to educate on the different systematic oppressions and how they work, recognizing the oppression that exists in our society and attempting to mitigate its effects eventually equalizing the power imbalance in our communities. This session is facilitated by Ahmed Abdallah (*Vice President Student Services*).

Student Choice Initiative (SCI)

In January 2019, the Provincial Government unprecedentedly introduced voluntary student unionism to Ontario. Student fees will now be considered “essential” (and therefore mandatory) or “non-essential” (and therefore optional) based on what the government thinks students need. This was introduced without any consultation of student organizations, yet will have grave consequences to the viability of student organizations. Students see this as an attack on the autonomy of student unions and the democratic right for students to decide what should be essential vs. non-essential for themselves. This session provides insight into the history of the SCI, what this means for the UWSA, and invites you to contribute to our membership engagement strategy. This session is facilitated by Jeremiah Bowers (*President*), Arop Plaek Deng (*Vice President Student Advocacy*), and Maria Hamilton (*General Manager*).

Effective Board Meetings

Ever heard of General Robert? No? Neither do most at first. This session aims to provide you with the knowledge, skills and techniques to interact with your fellow Board members using what's famously known as Robert's Rules of Order. This session is facilitated by Matthew Dunlop (*2018-19 Board Facilitator*) and Zeina Merheb (*2018-19 Board Chair*).

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Budget 101

This session gives a high-level overview of the organization's finances, the budgeting process, and how the Student Choice Initiative can impact our financial position for 2019-2020. This session is facilitated by our Sahibjot Grewal (*Vice President Finance & Operations*) and Maria Hamilton (*General Manager*).



Thriving Student Leadership Teams

This workshop is facilitated by Dr. Andrea Dinardo (or "Dr. D"). Integrating a student leadership perspective, Dr. D's workshop focuses on how to develop positive coping techniques for stress and anxiety in fun, interactive and uplifting ways to navigate the life of a student leader. Dr. D is a college professor, published author, TEDx speaker and a retired psychologist who applies positive psychology to facilitate personal growth and transformational change.

CONTACT INFO

If you have any questions, please contact Arop Plaek Deng, Vice President of Student Advocacy, at vpsauwsa@uwindor.ca.

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